



Volunteering with Room to Grow COVID-19 Safety Guidelines

We are so excited to welcome volunteers back to our space. In order to ensure the safety of our staff, families, and volunteers, Room to Grow has updated our volunteer safety guidelines to reflect changes in response to the current pandemic. All volunteers are required to review this information prior to their volunteer session.

Before arriving onsite, volunteers must:

- Review and electronically sign the Volunteer Waiver
- Confirm that they are not exhibiting symptoms of COVID-19 by filling out our Symptoms Questionnaire

Note: A Room to Grow team member will share these forms with you in advance of your shift!

Once onsite, all volunteers must:

- Wear a mask. Masks are required at all times for everyone (ages 3+) at Room to Grow sites with nose and mouth completely covered. As [recommended by the CDC](#), masks **should**:
 - Have two or more layers of washable, breathable fabric
 - Completely cover your nose and mouth
 - Fit snugly against the sides of your face with no gaps
 - Have a nose wire to prevent air from leaking out of the top of the masks
 - If using a gaiter style mask, it should have two layers or be folded over to make two layers
- Follow all physical distancing guidelines and markers
- Wash your hands or use hand sanitizer when arriving, before switching tasks, and after using the restroom

During volunteer projects:

- Room to Grow staff will lead the project and be available to answer any questions or concerns you may have
- Work stations will be set up to ensure all volunteers have at least 6 feet of space

Room to Grow will have the following supplies available onsite:

- Disposable face masks
- Disposable gloves
- Hand sanitizer and/or hand washing station

Note: Only the number of volunteers pre-approved by Room to Grow will be permitted on site.